

Pre-Retirement Workshop



Life Style Planning

Your Retirement Your Way

Income Sources



Consider the net value of each source:

- a. Everything referred to earlier
- b. Savings
- c. Earned income
- d. RSPs
- e. Capital gains (stocks/properties)

DON'T FORGET ABOUT THE TAXES

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Once you know how much \$\$ will be coming in you must determine how much \$\$ will be flowing out...

Can You Afford To Retire?

Creating a Financial Plan



1. Complete a Cash Flow chart:
 - a. Determine basic financial requirement
 - b. Determine discretionary financial requirement

Money In

Cash Flow in Retirement


Prepared for: _____ Date: _____

Member

Age	First	After tax	After tax	After tax	After tax
Possible Age	Retirement	60 - 64	65 +		
Pension					
Employment					
RSP					
Savings					
CPP					
OAS					
Other					
	0	0	0	0	0

Spouse

Age	First	After tax	After tax	After tax	After tax
Possible Age	Retirement	60 - 64	65 +		
Pension					
Employment					
RSP					
Savings					
CPP					
OAS					
Other					
	0	0	0	0	0




Money Out

Cash Flow Calculator


	Now	Necessary
House		
Monthly Rent/Mortgage		
Taxes		
Maintenance		
Insurance		
Utilities		
Car		
Car Loan		
Fuel		
Maintenance		
Insurance		
Personal		
Entertainment		
Holidays		
Gifts		
Phone		
Clothing		
Food		
Benefits		
Other		
Charitable Contributions		
	0	0

Major Purchases	
Purchase	When?

Note: Family=\$300-\$400; Single=\$200-250
 55 60 65
 Net Monthly



Creating a Financial Plan




- Determine cost of major purchases in retirement:
 - Moving to a city
 - Purchasing vehicles
 - Helping children with major purchases
 - Mortgages
 - Large travel costs
 - Institutional care

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Basic vs Discretionary Requirements



- Determine what are necessary expenses
 - Monthly
 - Major purchases
- Will your pension cover these expenses?
- Anything left over is for fun

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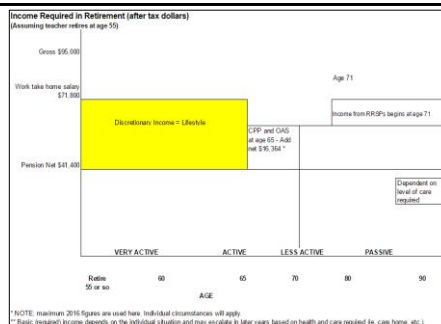
How Much Will I Need?



Keep in mind that your pension should cover:

- Basic income requirements for you & your spouse
- Full institutional care for both member and spouse in later life

Income Required in Retirement (after tax dollars)



Some Questions You May Be Asking Yourself



- Am I (Are we) financially secure enough to retire?
- Will I be able to have a fulfilling life without my colleagues?
- Will I be able to have a fulfilling life without my classroom of children?
- What will I do with my time?

Lifestyle Planning



Why do you want to retire?
What do you plan on doing when retired?
Section 5

What People Miss About Work



40 per cent of retirees are not completely happy with their retirement.

Their reasons:

- Miss the social interactions – staff and students
- Not busy enough
- No daily routine (“to hell with the bell?”)
- Financial difficulty

General Items Retirees Will Miss



These are the items most often listed by teachers approaching retirement.

Compare these to your list. You may add any you deem to be important enough after the discussion.

- Money
- Friendships
- Routine
- Stimulation
- Challenge
- Satisfaction
- Identity
- Status
- Power
- Being Influential

Start Off On The Right Track



If you can see yourself having some of these difficulties, you should be a pro-active.

Retirement Years Are A Journey
(*we need a map*)

Let's Define Retirement



Retirement should be a fresh beginning

- a journey
- a challenge
- freedom
- rejuvenation
- movement
- maybe a new career
- family time
- a chance to read whatever and whenever

Whatever your passion is, you will be able to devote more time to it.

Retirement . . .



- is a new career that will develop and evolve
- does not occur automatically


YOU HAVE TO MAKE IT HAPPEN



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Why Should You Plan?




To make your retirement:

- Less financially stressful
- More socially successful
- More personally fulfilling
 - Do your homework
- Less stressful on a couples' relationship
 - Some things to think about and maybe a bit more homework

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More Fulfilling? [Section 5]




Build a Needs & Skills List

- Imagine you are retiring tomorrow. Build a list of the things you will miss.
- Make a list of the skills you have developed through work.
- Make a list of your current recreational or leisure activities. Include activities you used to enjoy but have quit. Write down why you do each one.

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Establishing a Needs and Skills List



Things I will miss after Retiring	Skills I have Developed	Recreation or Leisure Activities I love/want to do

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Goals of Retirement



Next Form:

- Write 3 to 5 goals for your retirement, use words from your skills and activities list.
- You may even want to incorporate ideas from the things you will miss list.

Writing Goals



Here is a sample goal:

- In my retirement, my wife and I will be blackjack dealers on a cruise ship.
- This goal will require organizational skills, communication skills and planning skills. It will satisfy our social needs along with our travel and adventure needs.

Travel and Leisure



- Travel is number one in most retirement plans
 - 82 per cent plan to and 40 per cent actually do
- Whatever your list includes now requires practice
 - Practice for your retirement
- Leisure activities enjoyed now will probably carry on into retirement

Married?



- Spending a great deal more time with your spouse may be a challenge.
- Having some individual activities is important.
 - Remember, as you move into retirement you will more than double the time you spend with your spouse.

What Will Your Retirement Look Like?



- Complete the activity sheet separate from your spouse and then compare.
- Outline your typical retirement week with three activities each day – morning, afternoon and evening, summer and winter.

What Will My Retirement Look Like?

Weekly Activity Plan



WINTER			
Weekday	Morning	Afternoon	Evening
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			

SUMMER			
Weekday	Morning	Afternoon	Evening
Sunday			
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			

What Will Your Retirement Look Like?



- Teachers are used to organized time. Our day is organized into periods or blocks. Our “free” time is organized into leisure activities, marking and planning time, meetings, and family time.
 - While retirement changes the guidelines, many retiring teachers need to structure their lives.

What Work Can I Do After?



- There is no limit on non-teaching work
 - If you earn more than 0.6 FTE of salary while on contract with a public, separate or charter school, you will lose pension dollar for dollar
 - Any other teaching - no limit
- If you are not contributing to the Plan at age 55, you must start your pension

Should I Retire?



- Look at your list of needs/skills.
- Circle and rank the top 10 in your opinion.
- Is money a serious issue in the top two? (If so it is probably still a problem—perhaps a financial planner can help.)
- Will your needs be met in your retirement? If so, the answer is obvious!!

A Successful Retirement



If you could meet all your needs that were being met through work plus all the new needs found in retirement, and you could continue using the skills you have developed, then . . .

your retirement should be successful!

Procedures for Retiring



- Write a letter of resignation
- **APPLY FOR BENEFITS!!!!**
- Contact ATRF and apply for pension
- Make a decision about whether to take CPP early or wait until age 65
- Complete all forms – pension, benefits, etc.

Questions?



Thank You!